



**BOYS & GIRLS CLUB  
OF THE OZARKS**

# **BGCO TO GO**

**A DAY OF BGCO**

**AT HOME**

**10-12 Years Old**

**Wednesday**

Parents/Guardians:

### Boys & Girls Club of the Ozarks: COVID-19 Update

BRANSON – The Boys & Girls Club of the Ozarks (BGCO) is committed to the safety and protection of our members, their families, and Club staff. Club Officials are doing everything possible to keep our Club protected from the spread of COVID-19.

With reports coming in from the Taney County Health Department, Centers for Disease Control and Prevention (CDC), and area Public Schools, BGCO Officials has made the difficult decision to close BGCO Club units beginning at 4:00PM on March 18, 2020. BGCO Club Units include Branson and Forsyth Club Units. The Reeds Spring Unit – operating out of the school district, has already closed. BGCO Club Units will remain closed until April 6, 2020 in conjunction with area schools unless circumstances should change. We will continue to monitor the situation closely.

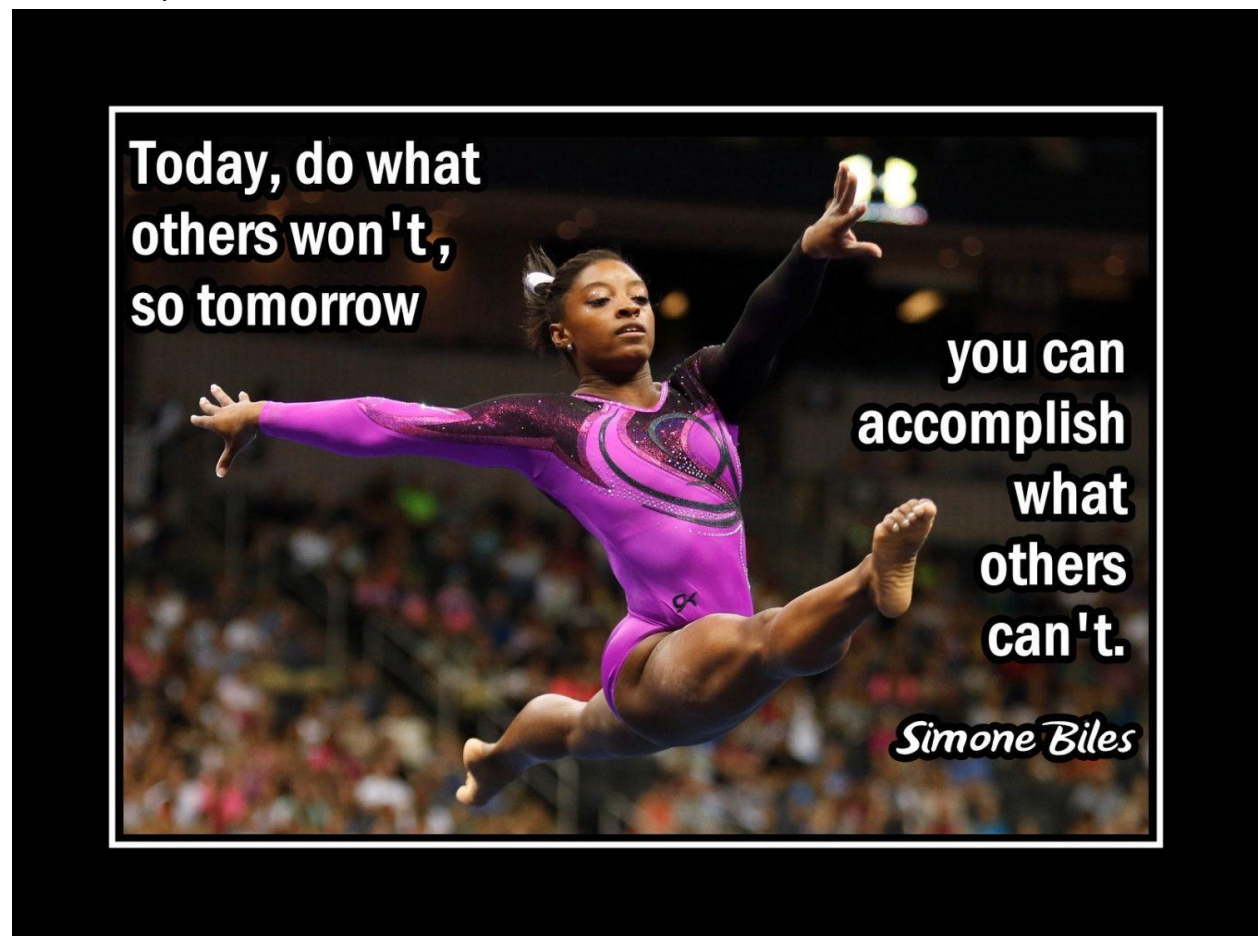
While we are face-to-face with lots of uncertainty and evolving information regarding COVID-19 (Coronavirus), one thing remains the same, Our Mission – to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

“Our number one priority is the safety of our children and staff,” said Stoney Hays, CEO. “We did not make this decision lightly as we know that our members and their families are continuing to navigate life, some without employment, many without basic resources, and we are concerned for the well-being of our kids, their families, and our community. We will continue to investigate and offer resources for our members throughout this ordeal.”

The Boys & Girls Club of the Ozarks is committed to meet the needs of our members resulting from a potential prolonged school closure. We are investigating ways to assist Club members and families with services during our closure to include: Virtual Club Programming, Curbside Healthy Meals, and Age Appropriate High-Yield Learning Packets, to name a few. More information regarding these additional services for our members will soon follow.

Club Officials will continue to closely monitor reports from the Taney County Health Department and the CDC and we will continue to update our members and the community at-large with any new information that will affect service to members.

Before you start your activities think of this quote from Olympic Gold Medalist, Simone Biles:



WEDNESDAY

3/25/2020

10-12 years  
old





Hey All, one more day till Friday!!

Today we are going to use our minds and think about this questions that the world has, and we want to hear your opinions:

1. Are video games a sport?

Read this article at this link and learn more about video games in the sports world:

[https://junior.scholastic.com/issues/2019-20/010620/should-video-gaming-be-a-school-sport.html?promo\\_code=6294&magazineName=classroommagazines](https://junior.scholastic.com/issues/2019-20/010620/should-video-gaming-be-a-school-sport.html?promo_code=6294&magazineName=classroommagazines)

**Write About It!** Write a paper or paragraph explaining whether you think video gaming should be considered a school sport.

Include evidence from this article, along with your own reasons, to support your claim.



## UP & AT'EM

Today we are going to explore different motivations for getting involved in community service and for wanting to volunteer and make change in the world.

When you get involved in community service projects, you have a chance to make a difference, to strengthen your community and make it a better place for everyone.

Why do you think people get involved in community service and volunteering?

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Today, we're going to explore some of the reasons you may want to get involved. It's important to know your reasons or motivations so you can choose projects that are meaningful to you.

Check out the phrases below- these phrases are motivations that some people have for volunteering or doing community service.

- ›› To have fun/be with friends
- ›› To network with community leaders
- ›› To prepare for the future
- ›› To explore passions/interests
- ›› To be part of a group working toward an important goal
- ›› To do something you're good at
- ›› To do something good for other people
- ›› To make it better where you live
- ›› To meet people different from you
- ›› To try something new

- Add to list any reasons they can think of.
- Highlight or mark which of these reasons are closest to why they want to be involved in community service, to volunteer and to try to make change.
- Now think of a volunteer or community service activity you can do while you are home from school
  - An example of one could be writing a letter to someone in a nursing home right now. People in nursing homes right now can't have visitors.
- Once you come up with your idea try and implement it!

Also check out this link about the benefits of volunteering:

<https://www.helpguide.org/articles/healthy-living/volunteering-and-its-surprising-benefits.htm>



## Bullying & Emotions

“I’ve learned that people will forget what you did, people will forget what you said, but people will never forget how you made them feel.” - Maya Angelou

Take a second and think about this quote and write down what you think it means in your own words.

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Today’s learning starts with understanding how emotions matter when someone is being bullied. You will start by learning about what bullying is and what it is not. Then, you will think about what someone who is being bullied feels during the day.

### What is bullying?

1. Bullying is a form of emotional or physical abuse that has three characteristics:
  - It’s deliberate—a bully intentionally tries to hurt someone, the harm is done on purpose
  - It’s repeated—a bully often targets the same victim again and again
  - There is an imbalance of power—a bully chooses victims he or she perceives as weak, vulnerable, or unable to defend themselves
2. Bullying behavior is not one thing. It can include saying mean things, spreading rumors or inappropriate photos, bothering someone, or making threatening remarks, among other things. There are different kinds of bullying:



- Physical – pushing, hitting, tripping, or property damage
- Verbal – making fun of, name-calling, insulting, threatening with harm, intimidation
- Relational – excluding someone, spreading rumors, turning people against someone for the purpose of hurting them
- Cyberbullying (social media) – posting hurtful messages or pictures online or sending hurtful email or text messages

Watch this video about the difference between bullying and conflict:  
<https://www.youtube.com/watch?v=PM8QO-zCYpo>

3. Here is a list of different situations. I want you to decide whether or not the situations involve bullying. (the answers will be on a separate sheet in the google drive folder)

- Someone tells you that you are stupid after you answer a question incorrectly in class.
- Someone tells you that you can't play a game with them at recess.
- The person who sits next to you in class makes unkind comments about the way you look every day.
- Someone copies off your test.
- A group of kids at school laughs every time you walk by their table at lunch.
- Right in front of you, someone asks your best friend to go to the movies with them.
- Your best friend says that you are being too dramatic everytime you tell her that she has let you down.
- Someone makes a comment about where you buy your clothes and then makes fun of you in a Facebook post -- everyone in your class likes it.

Below is the Bullying Feelings Timeline Worksheet

Think about a typical day from the perspective of someone who is bullied and write in a word telling how they think this person would feel as they move through their day

WHAT'S HAPPENING IN THE BULLIED PERSON'S DAY?	HOW DOES THE BULLIED PERSON FEEL?
They get ready for school	_____
They get on the bus	_____
They get to school	_____
Class time	_____
Lunch	_____
Recess	_____
Class time	_____
School gets out	_____
They get to the club	_____
They go home	_____
They go to bed	_____

**BULLYING FEELINGS TIMELINE WORKSHEET**

