



**BOYS & GIRLS CLUB  
OF THE OZARKS**

# **BGCO TO GO**

**A DAY OF BGCO**

**AT HOME**

**Ages 6-9**

**Tuesday**

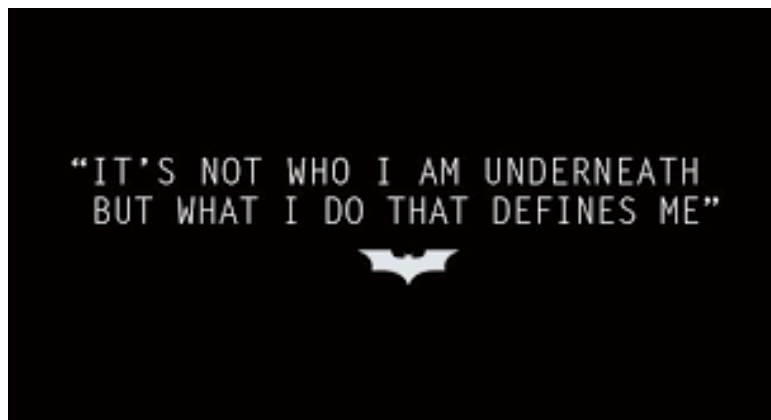
Hey Friends,

I hope you are all doing well! I really miss each and every one of you. Your smiles make my day, so my days have been a little dull without them. This last week I have been helping Miss Rhonda organize and change up the learning lab a bit. We have made a new sitting area and added some art to the walls. I am excited for you all to see it! I know most of you don't know me very well so I thought I would tell you about myself. My name is Miss Lacey, I work with the Reeds Spring group! I enjoy kayaking, hiking and spending time with my family. On my days off, if the weather is nice, I am normally found out on the lake listening to music. I look forward to seeing you all as soon as we open back up. I hope you enjoy your time off and I hope you stay safe! See you soon!

From,

Miss Lacey

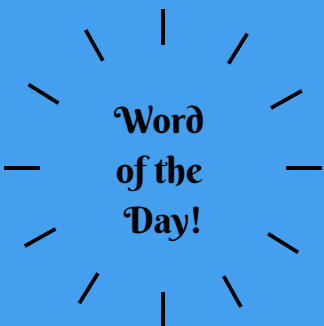
Before you start your activities think of this quote from Batman:





**BOYS & GIRLS CLUB  
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# BGCO at Home DAILY SCHEDULE:



Word  
of the  
Day!

*Surprised*

## FUN FACT OF THE DAY!

If you sneeze too hard, you could fracture a rib.

**DATE: 04/14/2020**

**AGE GROUP: 6-9**

**POWER HOUR**

**3:00PM**

Origami

-

**4:00PM**

**quote**  
of the day!

It's not who I am underneath but what I do that defines me.

## SAFETY TOPIC OF THE DAY

Don't talk to strangers online.

**TRIPLE PLAY**

**4:00PM**

Responding to

-

**5:00PM**

Social Cues

**FINE ART**

**5:00PM**

Mix & Match

-

**6:00PM**

Creatures



**CHALLENGE**  
of the day



**Learn a new handshake**

Please make sure to check out our

**YouTube Channel: BGCO At Home, where you can find some FUN, and exciting activities or have a laugh!**

**Also, follow us on Facebook for activities and updates on what is happening at Boys & Girls Club of the Ozarks.**

# #whateverittakes



**BOYS & GIRLS CLUB  
OF THE OZARKS**

Tuesday

04/14/2020

6-9 years old





Hey Friends,

Today we are going to show you how to do some origami. Origami is folding paper to look like different objects that you normally wouldn't think paper could make. Please follow the instructions below, or follow the link to learn some fun Origami skills!

Origami Fish Link:

[https://www.youtube.com/watch?v=ipsFC\\_GM9oc](https://www.youtube.com/watch?v=ipsFC_GM9oc)

Origami website:

<https://www.origamiway.com/very-simple-origami-for-kids.shtml>

## Learn to fold *Origami!*

Origami is the art of traditional Japanese paper-folding. It began in China over 1,800 years ago and came to Japan during the 6th century. You can make your own origami! Cut out the square on the next page and follow these directions.



Your finished whale will look like this!

1)

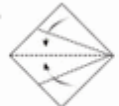


Begin with your paper at an angle, so it looks like a diamond. Fold the top point down to meet the bottom point, then unfold.



Your paper will have a crease in the middle like this.

2)

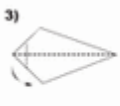


Fold the bottom corner up so that side #1 meets the crease. Then, do the same with side #2.



Your paper should now look like this.

3)



Fold the left corner under about an inch.



Your paper should now look like this.

4)



Fold along the crease so the bottom half meets the top half.



Your paper should now look like this.

5)



Fold the bottom flap and the right corner up to make the fin and the tail.



Your paper should now look like this.

# Learn to fold *Origami!*



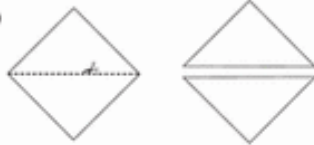
**Origami** is the art of traditional Japanese paper-folding. It began in China over 1,800 years ago and came to Japan during the 6th century. You can make your own origami! Cut out the paper square on the next page and follow these directions.

## Twin Sailboats



Your finished sailboats will look like this!

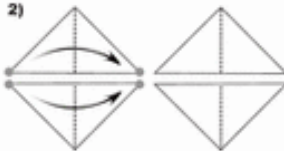
1)



Begin with your paper at an angle, so it looks like a diamond. Cut your paper in half, as shown.

You should end up with two triangles, like this.

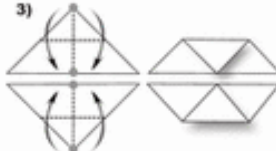
2)



Fold each triangle in half so its right side meets its left, then unfold.

Your papers should now look like this.

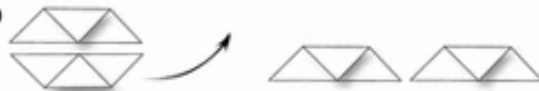
3)



Fold the tip of each triangle to meet its base.

Your papers should now look like this.

4)



Turn the bottom paper right side up so the longer edges are both facing down.

Your papers should now look like this.



## **Triple Play – Responding to Social Cues**

Today we are going to be talking about the options of things we have to eat at home, and consider some of the healthiest choices we could make.

### **Drawing Celebrations**

Every family is different. When eating at home, most kids eat what their families eat. What different kinds of foods does everyone eat in your family? What are special foods or celebrations in your family, such as holidays or birthdays?

Brainstorm some of your family’s favorite foods and write them down. How does eating these special foods make you feel?

Draw a picture that shows how a person feels during a celebration when they’re eating their special foods. What kind of emotions does it bring out? How does it taste?

Draw a picture of what meal time looks like in your family!

Challenge your family members to draw a picture of how they feel during a celebration while eating their favorite foods and compare your drawings to see if they included the same foods you had and if they chose a different celebration.



### **Fine Arts – Mix & Match Creatures**

Today we are going to mix & match creatures together with our drawing!

Step 1 – pick an animal and draw it on a piece of paper

Step 2 – pick a different animal and draw it on a piece of paper (both animals can be on the same piece of paper)

Step 3 – envision what it would look like if you mixed your two animals together, what would the face look like, the arms and legs, tail?

Step 4 – draw a picture of your mix and matched animal! Did it turn out different than you envisioned?

Try using different animals and mix and matching them!